

# Konnect: God Gives Me Courage

## “Courage Faces Fear”

### Sunday March 29/2020

#### NOTE TO PARENTS

We are so excited that you have decided to lead your children spiritually today! We hope that last week went well and that this week will be another opportunity for your family to pray, learn and grow together.

Today’s lesson has five different parts.

- 1) Opening Question
- 2) Bible Reading
- 2) Video Lesson (17mins)
- 3) Prayer and Reflection
- 4) Family Activity

Included in this lesson is also a **Bible Point** and **Bible Verse**. They are repeated numerous times in this lesson. Be encouraged to reinforce them in your time at home together this week.

#### **Bible Point:**

“God gives me courage to face fear.”

#### **Bible Verse:** Psalm 56:3

“When I am afraid, I put my trust in you.”

#### **Set-Up:**

Encourage your family to come together somewhere you have access to the internet and a screen.

This is necessary to watch the bible video.

Then lead each part of the lesson.

Each part is numbered to help you stay organized.

#### **Materials:**

You may like to collect: Paper, Markers and Pens/Pencils.

#### ①. Opening Questions

Together as a family spend a few minutes discussing these questions:

*Q.1- “Would you rather explore a cave full of snakes or spiders?”*

Make sure everyone in your family has a chance to answer. Then ask.

*Q2- “What does the word trust mean?”*

*Q3- “What does the word courage mean?”*

Once you feel your family has discussed this enough move on to part two.



## ② BIBLE READING

Now is your opportunity to lead your family through some scripture reading. Encourage each child to go get their bible.

Give them 30 seconds to get their bible and get back to the couch.

\*Parents- This is an amazing opportunity to learn how accessible their bibles are on a daily bases.

## -Ready-Set-Go

Once everyone has returned have everyone look up the bible verse:  
Psalm 56:3

One at a time each member of your family will read this verse from their bible. Or, if children can't read parents can simply read it.

(If there are four people in your family this verse should be read four times.)

After reading the bible verse:

Q3- Ask: *"Who can we always put our trust in when we're afraid?" (God)*

\*Parents: Don't go TOO deep because we will unpack this in our video and discussion later.

Once you've finished reading the verse and answering the question carry on to part 3!

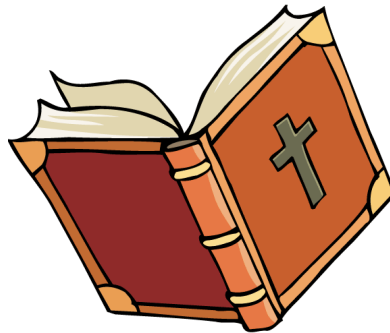
## ③ Video Lesson

Using the provided link play the Konnect HQ video.

You will have fun chatting about it after the video.

Encourage your children to do the bible verse motions when the Konnect crew leads them.

Once the video ends move on to Part 4.



## ⑤ Family Activity

Using the attached activity make a "Rocks and Roses" bouquet. Spend some time as family chatting about things you're afraid of vs. things you're thankful for.

*Q6-What is a goal your family can set to show courage this week?*

## ④ Prayer and Reflection

\*Parents- Pick someone in your family to facilitate this conversation. It could be an adult or older child.

### Reflection

**Say:** In the bible Queen Esther risked her life by talking to the king.

*Q.4- "How do you think she got the courage to do that?"*

*Q.5- "How do you think feeling afraid helps us grow courage?"*

*Q.6- "How do you think trusting God helps when we are afraid?"*

*Share: Share a time when feeling afraid kept you from doing what you needed to do. (This is an amazing opportunity for children to share their heart and feelings with their parents. Lead by example and share your heart first.)*

### Prayer

#### A) Parent's Pray for Kids

1. Ask kids to share something they are currently afraid of.
2. Pray over your children's fears.

#### B) Children pray for parents.

1. Parents share things that they need courage for this week.
2. Children pray for ways God can give their parents courage.