

You Before Me

WEB OF UNFORGIVENESS

Learn together:

Colossians 3:13

...Remember, the Lord forgave you, so you must forgive others.

Read together:

Today our activity is going to help us see what happens when we hold onto hurt.

You'll need:

- Ball of yarn/string

What to do:

1. One person in the family **says** a hurtful thing someone has done in the past, **holds** the end of the yarn, and **tosses** the roll to another person in the family.
2. The next person **says** a hurtful thing someone did and **tosses** the roll **without letting go** of the yarn.
3. **Repeat** so all family members get a turn or two and a yarn web is made.

Say: Now, don't let go! Keep holding the yarn and give your neighbor a double high five and shake their hand!

4. Family members will **try** to do what was said without letting go.

Say: It's harder to show God's love when you're holding onto unforgiveness. Let's forgive and let these hurts go!

5. **Count** to three, **drop** the yarn, and **start** high fiving and hand shaking.

Ask these after your family plays.

1. What made it difficult to high five and shake hands?
2. How does this remind us of unforgiveness?

